



WRITING PROMPTS

EMPATHY IMPACT

THE WILD EFFECTS OF KINDNESS IN ACTION

Recall a specific instance when you witnessed or participated in an act of kindness.

What was the impact?

How do you practice empathy as a leader?

What are the outcomes?

Describe a time when kindness brought your community together. What role did you play?

Write about a moment when you confronted your own biases through empathy. How did it change your perspective?

How do you encourage empathy in your daily life or work?

Describe how you or someone else demonstrated kindness during a difficult situation.

How has practicing empathy contributed to your personal growth? Share your insights.

Looking back, how might you have approached certain situations differently with a deeper sense of empathy?

How has embracing empathy changed your mindset, particularly in moments of conflict or misunderstanding?

What books, mentors, or experiences have shaped your understanding and practice of empathy?

How have you turned empathy from a concept into purposeful action that makes a difference in the world?

